



THE BREAKDOWN

skills
help success career relationship
education

Pre-Season Coach Calls

Mark your calendars! We'll have 2 sessions of the call to try to accommodate everyone's busy schedules. Every team must have a coach attend one of these calls and we encourage all coaches to join one of the sessions. Invitations have been sent to all registered coaches. At the end of the calls we will stay on to answer any questions you may have about Rugby Xplorer and/or train new coaches on how to use it. If you did not receive an invitation, please contact Rachael@rugbyohio.com.

Sunday, February 4th, 6 pm

Wednesday, February 7th, 8 pm

Join Sunday Call

Join Wednesday Call

Six Degree Coaching Platform



USA Youth & High School Rugby partnered with Six Degree Sports to create a free coaching platform for all YHS coaches. Coaches have access to an extensive free curriculum that provides the appropriate skills, drills and games to utilize in practices.

Be sure to register and check it out. It includes a core curriculum tailored to each age group. There are written cues, instructions for each drill, skill and gameplay video.

Six Degree Sports Coaching Platform

2024 HS Spring 15s Divisions

The Competitions Committee implemented some changes for the upcoming high school 15s season. We think that these adjustments address the current makeup of teams, provide the information before the season begins, streamline the process for the playoffs and result in a more transparent, easier to follow program for all involved.

Teams are placed in divisions for the 15s season based on their player registration data from the year prior. This year's divisions are the same as last. Next year's divisions will be announced this summer. All teams still make the playoffs. There is one division, Single School Boys, that has 10 competing teams. The 8, 9 and 10 seeds will have play in games to kick off the playoffs.

Seeding will be determined by a traditional rugby points system. Teams earn 4 points for a win, 2 for a draw and 0 for a loss. Bonus points are awarded when a team scores 4 or more tries in a game or for losing a game by 7 points or less. Ladders will be updated in Rugby Xplorer as soon as scores are posted as final.



SPRING 2024 HIGH SCHOOL 15S DIVISIONS



VARSITY D1 VARSITY B

ARCHBISHOP MOELLER
ST EDWARD
ST IGNATIUS
ST X

SINGLE SCHOOL GIRLS

HIGHLAND
JOHN MARSHALL
MEDINA
MENTOR
SAINT JOE'S
SHAKER HEIGHTS
WARRIOR

SINGLE SCHOOL BOYS

BRUNSWICK
DUBLIN
HIGHLAND
MEDINA
MENTOR
PERRYSBURG
SHAKER HEIGHTS
TOLEDO/WOODWARD
WITHROW
WARRIOR

COMPETITIVE CLUB GIRLS

BRUNSWICK
DUBLIN
HUDSON
PERRY
PERRYSBURG
WALNUT HILLS

COMPETITIVE CLUB BOYS

AVON LAKE
HILLIARD
HUDSON
NORTHERN FORCE
OLENTANGY
PERRY
ST CHARLES
WALNUT HILLS

FLEX LEAGUE

FINDLAY
GROVE CITY
LAKE COUNTY
MARYSVILLE

Coach & Admin Requirements

USA Rugby sent an email last week to remind everyone of the importance of being registered and holding the proper credentials to participate as an adult in youth rugby. All adults associated with your club must register as either an Admin/Volunteer or a Coach. If you have a board for your club, all board members should be registered to your club as either an admin, coach or match official. Rugby Xplorer access will now be restricted to only those who have their credentials in place. RX does send a 30-day warning notice when you have a credential due to expire so that you can address it before expiration and ensure that you don't have a lapse in access to the system.

Admins are required to have the following:

- Background Check
- Safe Sport Trained

Coaches are required to have the following:

- Background Check
- Safe Sport Trained
- Rugby Safety Basics
- World Rugby Level 1 Coach or higher or equivalent (Level 2, Level 3, Legacy USAR Level 200 or 300)

Coaches do not need to register as admins but they are welcome to do so. Admin/volunteer registration is designed for adult participants who are not coach qualified. They are not coaches but are properly screened for working with minors.

If you attended an in-person course for a certification and do not see it listed in your accreditations, you have coursework to complete. More information about this can be found in the Learning Center, under My Tasks.

Accreditations ▾

Current Accreditations

| Name | Course ID | Completed |
|---------------------------|------------|------------|
| SafeSport Trained | SAFE-SPORT | 2023-09-22 |
| Background Check | NCSI-CHECK | 2023-02-10 |
| Rugby's Safety Basics | US-CO-01 | 2019-10-15 |
| World Rugby Level 1 Coach | COA-L1-WR | 2023-02-06 |

Inactive Accreditations

👁 Expired

👁 Suspended

👁 Lapsed



Missing accreditations for currently registered coaches and admins can be found in the admin portal of RX. This only considers those who have already registered for the 2023/24 season.

Spring Reminders & Dates

Teams are required to have a minimum of 15 registered players by February 1st. This does not apply to Flex League teams.

- [Coach contact list](#) (updated monthly)
- [2024 Spring Scheduled Games](#)
- [Add/Change/Drop Match Form](#)
- [Inbound/Outbound Game/Tour Form](#) - all games played out of state or played against an out of state team in Ohio must be submitted on this form
- IMPORTANT DATES:
 - Play in and/or make up games: Sunday May 12th
 - Quarterfinals: Saturday & Sunday, May 18 & 19
 - Semifinals: Saturday & Sunday, May 25 & 26
 - State Championships: Saturday, June 1st

Forward this newsletter to a friend!

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