

These are the reminders that were reviewed with coaches last week on the regional calls. There have been some issues regarding these items already this season. Don't hesitate to reach out if you have any questions. Thank you for working to incorporate these processes into your routines.

#### SCHEDULE MANAGEMENT

#1

#2

#3

- Check the <u>2023 Spring HS Master Schedule</u> live document for updates on your games, referee assignments, trainer assignments. This link is also available through the Coaches page of the Rugby Ohio website
- Check your fixtures in Rugby Xplorer. Do this through the Rugby Xplorer app (follow your team and look at your fixtures) and/or the Rugby Match Day app (look in both Rugby Ohio 2023 Spring 15s League Games & RO 2023 Spring 15s Non-League Games).
- If you see any errors or need to add a new game, use the <u>Add/Change/Drop Form</u>, also found on the Rugby Ohio website.
- Home team to confirm with assigned referee and trainer prior to game day.

#### **TEAM LISTS**

- Every fixture is reflected in Rugby Xplorer
- Players and coaches are assigned to your squad(s)
- Team Lists are generated for every game out of your squad list
- RX Reference Manual Section 5
- · Team lists must be submitted before kickoff of your games

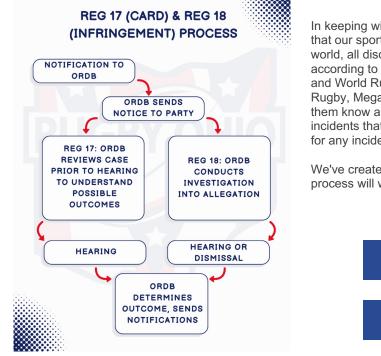
## **TECHNICAL ZONES**

- Coaches are to remain in their coaching box (between 10m & 22m lines) during games. Max of 4 coaches. All must be registered, SafeSport trained, background screened and Level 1 Coach certified
- Player bench is behind coaching box. Only 8 subs are permitted on player bench
- <u>Technical Zone</u> Management Guidelines

### SUBSTITUTIONS

- #4
- League games use traditional substitution policy a maximum of 8 substitutions are permitted. Once a player leaves the playing area, he/she may not return to play. The only exception to this is for a blood sub. This is managed by the referee at a dead ball, and not by the coaches on the fly.
- For non-league games, coaches may agree to use different substitution rules. Both coaches must agree and must communicate this to the referee prior to kickoff.

### Regulations 17 & 18



In keeping with World Rugby's initiatives to ensure that our sport is played consistently around the world, all disciplinary matters will be handled according to the process outlined by USA Rugby and World Rugby. The Head of Discipline for USA Rugby, Megan Braun, spoke with coaches to let them know about Regs 17 & 18. Reg 17 is for all incidents that occur within the game and Reg 18 is for any incidents that occur outside of game play.

We've created a workflow to help show how this process will work.

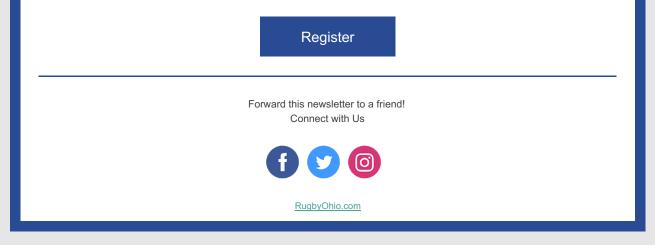
**Regulation 17** 

**Regulation 18** 

# **Coach Contacts & Accreditations**

Here is the updated <u>Coach Contact List</u>. Please check your accreditations to ensure that you are compliant. Anyone missing an accreditation should have a red bar across the top of their RX profile page. If you click on it, it will tell you exactly what you need to take and link you to be able to complete it/them.

Don't forget to look for what you need in the Reference Documents section of the <u>Coaches</u> page on the website. Please let us know if you have any questions. If you have not registered for the spring season, please click on the Register link below to get started.



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