



# THE BREAKDOWN

## Return to Play - Advance to Stage 4

	<ul style="list-style-type: none"> <li>• Congregate before or after practice</li> <li>• Gathering over 50 people outside</li> <li>• Contested rucks/mauls/scrums</li> <li>• Play games</li> <li>• Play in tournaments</li> </ul>
	<ul style="list-style-type: none"> <li>• Limited contact drills</li> <li>• Scrimmages within your own club</li> </ul>
	<ul style="list-style-type: none"> <li>• Required temperature checks before practice</li> <li>• Conduct player symptom assessment daily</li> <li>• Record practice attendance</li> <li>• Limit time players are in close proximity to one another</li> <li>• Rigorous sanitization of equipment</li> </ul>

With Governor DeWine's latest order, Ohio is able to enter what USA Rugby considers to be Stage 4 of the return to play (RTP) guidelines. The Rugby Ohio Health & Safety Committee has developed a checklist for coaches, Athletic Trainers and anyone who decides to participate in activities during this time. Don't forget - Rugby Ohio will provide a trainer to come to one of your practices to help ensure you are following proper protocols. Contact [Standish](#) to schedule your visit.

Please continue to monitor all pertinent local guidelines:

- [COVID-19 Coach Checklist](#)
- USA Rugby [Return to Play Guidelines](#)
- [#Responsible RestartOhio](#) - latest edition

	REGIONAL HEALTH MANDATE	TRAINING	TEAM ACTIVITIES	COMPETITION	INSURANCE
<b>STAGE FOUR</b>	<p><b>MID-LARGE GATHERINGS</b></p> <p><b>OPEN PUBLIC FACILITIES</b></p>	<ul style="list-style-type: none"> <li>• Group size under local government and facility approved amount</li> <li>• Limited contact drills</li> <li>• No participation of players or coaches experiencing symptoms within previous 14-days.</li> <li>• Temperature check all participants on arrival, must register lower than 99.6 F</li> <li>• Rigorous cleaning of communal equipment</li> </ul>	<ul style="list-style-type: none"> <li>• Team meetings and gatherings under local government approved amount.</li> <li>• Team meetings and communication preferred virtually</li> <li>• Coaches: Permitted on site, continue to adhere to social distancing protocols</li> </ul>	<ul style="list-style-type: none"> <li>• Inter-squad scrimmage permitted with limited contact.</li> <li>• Uncontested scrum, ruck and mauls.</li> </ul>	<ul style="list-style-type: none"> <li>• Accident and Liability Insurance claims accepted.</li> </ul>



Rugby Ohio is planning for a Fall 7s 2020 season. If you are interested in coaching please click on the Fall 7s survey button below to express your interest in participating in the fall season.

The season will be held on Sundays, beginning September 27. The finals will be held on Sunday, November 1.

Divisions will be set based on coach responses. Registration will be through SportLoMo and will be part of the new USA Rugby CIPP cycle that begins on September 1. All players will pay their annual CIPP fee upon registering. Rugby Ohio does not plan to increase fees for the fall but confirmed CIPP costs are not yet available from USA Rugby. We will update you as soon as we have this information.

Further information will be forthcoming on getting your team set up in SportLoMo as part of the Fall season preparations. Don't forget to express your participation interest in coaching the Fall 7s season below.

[Fall 7s Survey](#)

## Coach & Referee Certification Courses

Rugby Ohio is in the process of requesting certification courses for L1 Officiating and Level 200 Coaching. The plan is to offer one of each in Cincinnati, Cleveland and Columbus. We can offer as many courses as we have participants to fill. Stay tuned for updates as dates are set. Interested in hosting a course? Please contact [Standish](#) to let him know. All that is required is a classroom or gathering space and an active space for demonstrations. Rugby Ohio will provide lunch for all attendees. Each course is a full-day offering.



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